# Registration

Name	
Address	
Postco	ode
Phone	
Email	
Occupation	
Place of work	
Special dietary needs	
Pricing (please tick)	
Full Registration – \$245	
Earlybird Price – \$205	
(Earlybird Registrations by October 30th 2018)	
TOTAL AMOUNT: \$	
Payment options	
Cheque	
Money Order	
Credit Card	
Card type:  Visa  Mastercard	
Credit Card Number	/ Expiry Date
Card Holder's Name	CW

## It's easier to book online!

Cheque or Money order can be made payable to: Australian Lactation Management Associates (ALMA)

Please forward completed form and payment to: 41 Heath Marsh Road, Panmure, Vic 3265 ABN 83 820 560 346 – Barbara Glare

# Upcoming Seminars at Breastfeeding Conferences

## **Broken Sleep**

ONLINE Conference View Until Dec 31st 2018

Featuring Dr james McKenna, Dr Tracy Cassels, Dr Cecilia Tomori and more.

# It's Just Breastfeeding: How did It get so complicated?

With Molly Pessl and Ginna Wall

Canberra – Jan 31st and Feb 1st 2019 Perth – Feb 4th & 5th 2019 Adelaide – Feb 7th & 8th

For more information and to register go to:

www.breastfeedingconferences.com.au





# **FOCUS ON LACTATION:**

# Updates for Today's Breastfeeding Professionals

### **Brisbane**

Monday, May 12th The Mercure Hotel, 85-87 North Quay, Brisbane, QLD 4000

#### Melbourne

Wednesday, November 14th Hotel Jasper, 489 Elizabeth St Melbourne, Vic 3000

### Sydney

Friday, November 16th Vibe Hotel, 111 Goulburn Street Sydney, NSW 2000

Proudly managed by





At Breastfeeding Conferences we are all about supporting the people who support breastfeeding mothers, offering a wide range of educational opportunities for health professionals.

Director of Breastfeeding Conferences, Barb Glare is an International Board Certified Lactation Consultant with more than 15 years experience as an IBCLC working in a large rural hospital. She is in touch with the issues that face health professionals working with breastfeeding mums.

Breastfeeding Conferences aims to offer quality educational programs in a variety of formats including online and face to face, because networking and sharing ideas are an important feature of our seminars.





**Laurel Wilson,** IBCIC, CLE, CCCE, CLD is an author, international speaker and pregnancy and lactation expert. She served as the Executive Director of Lactation Programs for CAPPA, the Childbirth and Postpartum Professional Association for 16 years and now is on the Senior Advisor Board. She is on the Board of Directors

for the United States Breastfeeding Committee and also on the Advisory Board for InJoy Birth and Parenting. She owns MotherJourney, focusing on training perinatal professionals on integrative and holistic information regarding pregnancy, childbirth, and breastfeeding. She has her degree in Maternal Child Health: Lactation Consulting and is an internationally board certified lactation consultant. Wilson is the co-author of two books, The Attachment Pregnancy and The Greatest Pregnancy Ever and contributing author to Round the Circle: Doulas Talk About Themselves. She loves to blend today's recent scientific findings with the mind/body/spirit wisdom.

# Who should attend this seminar?

- Lactation Consultants
- Maternal and Child Health
- Nurses
- Midwives
- Paediatric Nurses
- Dietitians
- Speech Therapists
- Medical Doctors
- Breastfeeding Counsellors
- Community Educators
- Allied Health Professionals

# **Program**

8.00 am	Registrations – Tea and coffee served
8.45 am	Introductions and welcome
9.00 am	Epigenetics and breastfeeding
10.00 am	The science of the mother baby bond
11.00 am	Morning tea
11.30 am	The times are a changing: Discovering strategies for effective and engaging breastfeeding education for today's parents
12.15 pm	Can a baby be allergic to breastmilk? Lactose intolerance, allergies, sensitivities and galactosemia
1.00 pm	Lunch
2.00 pm	Are you really listening? Using mindfulness and three part communication for better communication
3.00 pm	Afternoon tea
3.15 pm	Marijuana and breastfeeding – The potential impact of cannabis on infant
4.15 pm	Close

Accreditation: IBCLE and MidPLUS points have been applied for.